

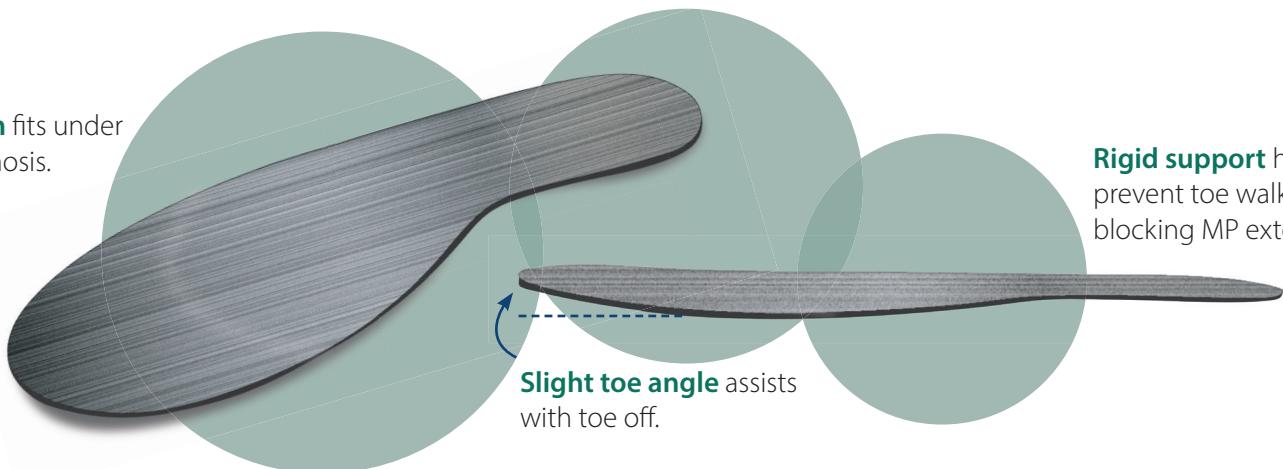
# Fast Fit® Carbon Fiber Footplate

CASCADE  
daFO®

## WHAT is it?

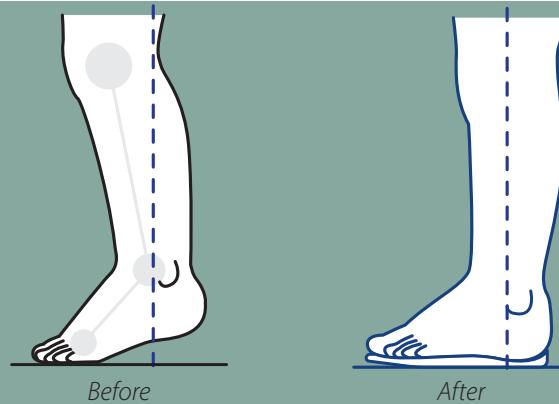
The Carbon Fiber Footplate provides mild intervention for Idiopathic Toe Walking (ITW). The footplate is light in weight but very stiff, and limits toe walking because the toes cannot bend. This combination provides a low level of support that may help with compliance for patients with ITW, compared to the alternative of blocking excess plantarflexion with an AFO design.

**Sleek design** fits under insole or orthosis.



## WHO is it for?

Patients with Idiopathic Toe Walking (ITW) who haven't worn orthoses before or have had issues with compliance. The strength of the carbon fiber prevents toe walking by blocking MP extension, while the slight toe angle assists with toe off.



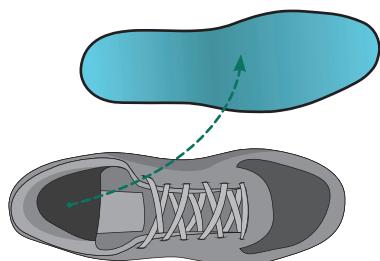
## HOW to size?

Order the Carbon Fiber Footplate in the same length as the shoe's insole (do not add room for growth). If in-between sizes, go down 0.25" in size.

**Sizes:** 4.00–13.00 (0.25-inch increments)

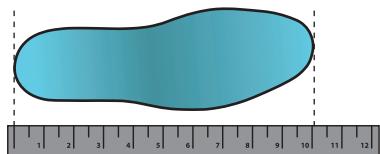
1

Remove the shoe's insole.



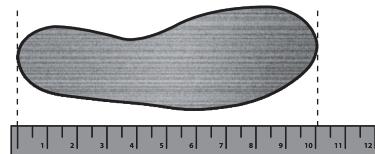
2

Measure the insole's length in inches.



3

Order the Carbon Fiber Footplate in the same size as the shoe's insole.

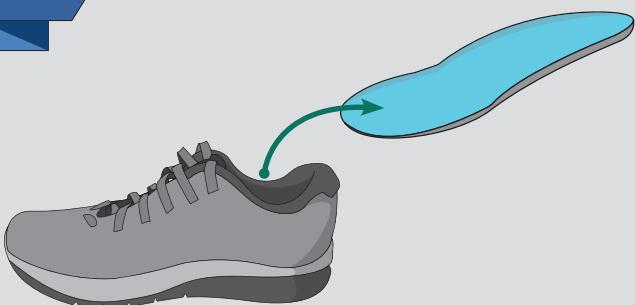


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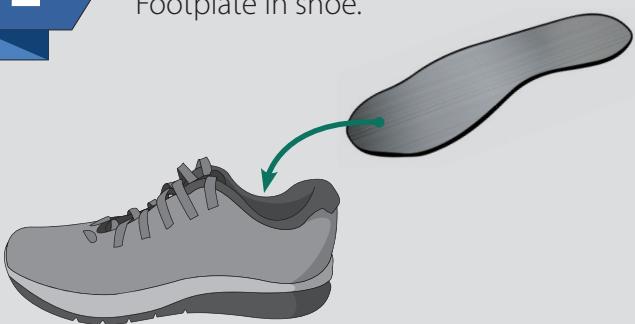
1

Remove the shoe insole.



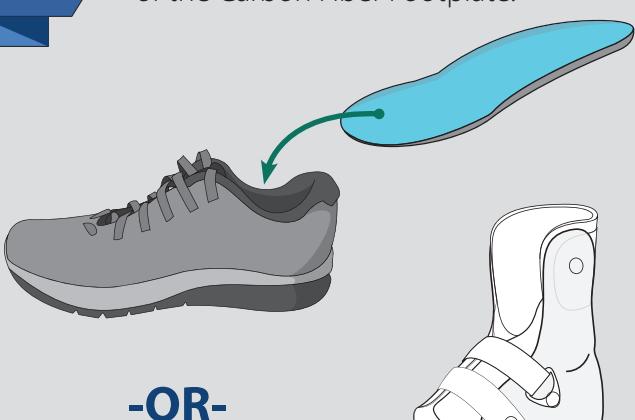
2

Place the Carbon Fiber Footplate in shoe.



3

Return the shoe insole on top of the Carbon Fiber Footplate.



-OR-



## Optimizations:

The Carbon Fiber Footplate can be ordered as a full footplate, or with altered trimlines to influence in-toeing or out-toeing.



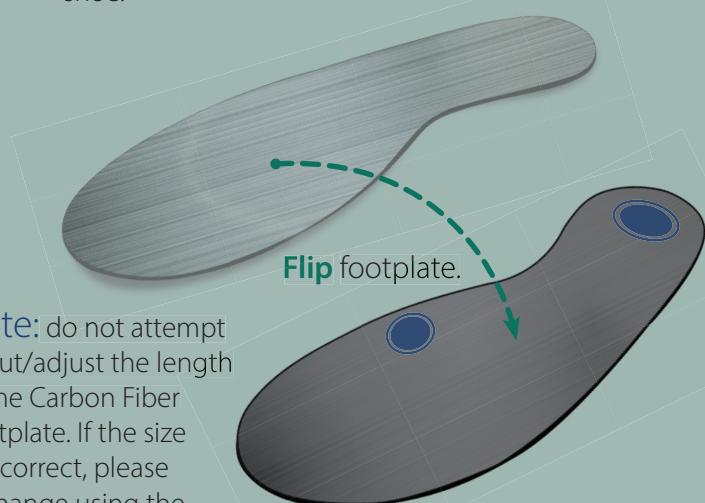
Anti out-toeing trimline



Anti in-toeing trimline

### Tip:

Add provided double-sided sticky tape to plantar surface ball and heel of foot if footplate shifts while in shoe.



Note: do not attempt to cut/adjust the length of the Carbon Fiber Footplate. If the size is incorrect, please exchange using the Return/Exchange form.