

# Practical education for exceptional care



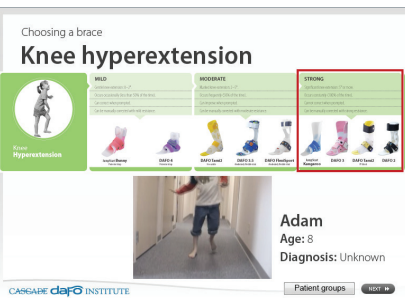
At Cascade Dafo, education and support are top priorities. Our **free** online courses and easy-to-use educational resources can assist you with patient evaluation, clinical planning, and use of our custom and prefabricated orthoses.

Visit [cascadedrafo.com/cascade-dafo-institute](http://cascadedrafo.com/cascade-dafo-institute), our education hub, to find out more.

## On-Demand Education

*On your own—anytime, anywhere.*

Earn CE credits as time allows, enter and exit each lesson as needed until each 1-hour course is complete.



- Instructor narration
- 190 videos featuring more than 65 patients
- Graphic illustrations
- Interactive learning reinforcement

Pick and choose the courses that best meet your needs as you learn practical, real-life skills to enhance your clinical practice.

## Introduction to Dynamic Bracing Course Series

- Course 1: Assessment for DAFOs (1.5 credits\*)
- Course 2: Brace Selection (2 credits)
- Course 3: Casting and Scanning for DAFOs (1.5 credits)
- Course 4: Ordering Custom DAFOs (1.5 credits)
- Course 5: Fit & Wear (1 credit)
- Course 6: Fast Fit Solutions (1 credit)

## Beyond the Basics Course Series

- Brace Optimizations (1.5 credits)
- Brace Planning for Crouched Gait (2.5 credits)
- Using DAFOs in Treatment Plans for Patients with Cerebral Palsy (2.5 credits)

Find detailed course descriptions on reverse side.

\*Free continuing education credits available.

ABC-approved practitioners can earn up to **15 credits** for completing all available courses. Visit [cascadedrafo.com/cascade-dafo-institute](http://cascadedrafo.com/cascade-dafo-institute) for details and registration for our online courses.



## In-service Support Packages

We offer complimentary training materials, including PowerPoint presentations, for you to provide practical education to colleagues, clinical team members, and students. For details, email [bized@dafo.com](mailto:bized@dafo.com).



## Cascade Glossary

A comprehensive and illustrative guide to common bracing terms. Visit: [cascadedrafo.com/cascade-dafo-institute/glossary](http://cascadedrafo.com/cascade-dafo-institute/glossary)



## Cascade Library

The home for everything DAFO-related: how-to and case study videos, documentation, newsletter articles, research, and more. Visit: [cascadedrafo.com/cascade-library](http://cascadedrafo.com/cascade-library)



## Video Consultations

Submit patient videos to Customer Support for help with brace selection. For filming tips and how to upload to our website, watch this video: [cascadedrafo.com/video-consultations](http://cascadedrafo.com/video-consultations)



*All the courses were highly informative. They improved my knowledge about pediatric bracing and will be very helpful in my practice.*

— Raghendra P., CPO

[cascadedrafo.com/cascade-dafo-institute](http://cascadedrafo.com/cascade-dafo-institute)



Helping kids lead healthier, happier lives®

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# Online course catalog

On-Demand Education *On your own—anytime, anywhere.*

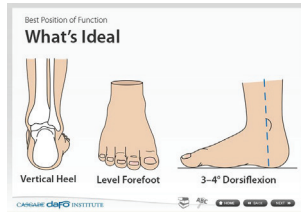


## Introduction to Dynamic Bracing Course Series

### Course 1: Assessment for DAFOs (1.5 credits)

Learn valuable techniques for assessing gait and foot and ankle range, including:

- The biomechanics of foot position and how it affects the entire kinetic chain.
- Determining a patient's best position of function by assessing their gait, level of voluntary control, and available range of motion at the foot and ankle.



### Course 2: Brace Selection (2 credits)

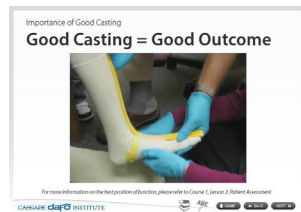
Learn practical clinical skills to help you choose the best style of DAFO for your patient. Using the DAFO Guide to Brace Selection—a handy resource tool to help evaluate pediatric patients for bracing—you'll learn:

- Which gait deviations can be addressed through the use of custom DAFO orthoses.
- Tips for explaining how your patient's goals will be met by a particular brace design choice.

### Course 3: Casting and Scanning for DAFOs (1.5 credits)

Capturing a patient's best position of function in a cast or scan is essential to creating the very best bracing outcome. Learn specialized techniques for casting and scanning for DAFOs, including:

- Recognizing the difference between a good lower extremity cast and a bad one.
- Best practices for scanning and transmitting digital files.



### Course 4: Ordering Custom DAFOs (1.5 credits)

Become an expert in ordering custom DAFOs built precisely to your specifications by learning how to:

- Order any DAFO brace design.
- Use our order forms to get exactly the brace you want for your patient.
- Request optimizations on the custom DAFO order form, using the Optimization Index as a reference.

### Course 5: Fit & Wear (1 credit)

Custom DAFOs may require minor adjustments for optimal fit. Learn tips and tricks for evaluating and enhancing fit, both at the initial fitting appointment and over time, including:

- Making common adjustments at the initial fitting.
- Solving problems with custom DAFO fit or function through adjustments or change requests.



### Course 6: Fast Fit Solutions (.5 credits)

Our Fast Fit prefabricated and made-to-order shoe inserts and orthoses are an effective alternative to custom DAFOs. Learn all about these solutions, including:

- Which gait deviations they're designed to address.
- Why they're especially impactful for early intervention.
- How to select the correct Fast Fit product for your patient.
- How they can be optimized for specific patient presentations.

## Beyond the Basics Course Series

### Brace Optimizations (1.5 credits)

DAFOs can be further customized with optimizations – optional brace features that enhance fit and function. Learn how to use our Optimization Index to maximize brace effectiveness and comfort for each patient, including:

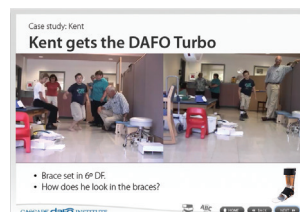
- The most common categories of optimizations.
- Choosing the appropriate optimizations for each patient.



### Brace Planning for Crouched Gait (2.5 credits)

Through video case studies and interactive participation, we'll explore the process of assessment and brace planning for patients who present with crouched gait. You'll gain skills to help your patients with excess dorsiflexion achieve the best possible outcomes, including:

- Understanding the true definition of crouched gait.
- Brace selection, casting, ordering, fitting, and optimizations for crouched gait.



### Using DAFOs in Treatment Plans for Patients with Cerebral Palsy (2.5 credits)

In this video recording of a live presentation, two renowned experts—Keith Smith, CO, LO, FAAOP and Dr. Janice E. Brunstrom-Hernandez, board-certified pediatric neurologist—co-present to give you a well-rounded look at how you can use DAFOs in treatment plans for patients with cerebral palsy. Through discussion and case study examples, you'll learn:

- The most common bracing goals for many patients with CP and how to plan braces accordingly.
- Brace planning that will support a patient who is undergoing surgical or neurological interventions.