The Fast Fit® Guide to Brace Selection
Prefabricated Pediatric Orthoses

Is Fast Fit right for your patient?
Here are some common traits:
- young children (birth to 6)
- fully-ambulatory foot alignment
- on no orthotic intervention

How to use this guide:
1. Find your Patient Group
2. Match the Level of Involvement
3. Choose a Brace Solution

What about the braces in gray?
These are custom (DAFO) solutions, which can be found on the DAFO Guide to Brace Selection.

MILD
Clear medial arch. Minimal varus and/or valgus.
Can be manually corrected with moderate resistance.

MODERATE
Indications: Medial arch. Varus and/or valgus.
Can be manually corrected with strong resistance.

STRONG
Rearfoot varus. Significant varus and/or valgus.
Cannot be manually corrected.

How to score:
Low Tone Pronation

MILD

MODERATE

STRONG

High Tone Pronation | Supination

MILD

MODERATE

STRONG

Swing Phase Inconsistency

MILD

MODERATE

Strong

Excess Plantarflexion

MILD

MODERATE

Strong

Knee Hyperextension

MILD

MODERATE

Strong

Excess Dorsiflexion

Crouching

MILD

MODERATE

Strong

Positioning

Limited Ambulation

Foot Flat, accompanied by pronation/supination.
Can be manually corrected with strong resistance or cannot be corrected.

Can be manually corrected with moderate resistance.

Cannot be manually corrected.

Assisted transfers only; or non-weight-bearing.

Can be manually corrected with mild resistance.

Can improve when prompted.

Cannot correct when prompted.

Can be manually corrected with strong resistance.

Can be manually corrected with moderate resistance.

Cannot correct when prompted.

Can be manually corrected with strong resistance.

Can be manually corrected with moderate resistance.

Cannot correct when prompted.

Can be manually corrected with strong resistance or cannot be corrected.

Can be manually corrected with strong resistance or cannot be corrected.

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Cannot correct when prompted.

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The Fast Fit product line was designed especially for young children with fully-correctable foot alignment in need of flexible support for standing and walking.

Welcome to Fast Fit
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Two categories of orthoses
Show Inserts
Provide support and sensory input for low tone prevention.

JumpStart®
Full wrap-around support for pronation / supination control. Available in SMO and AFO trimlines, offering various levels of control.

Improved foot alignment & steadier gait
Fast Fit orthoses help create a balanced foot position during weight-bearing, increasing voluntary control of movement.

These prefabricated devices are affordable alternatives to custom bracing; above-ankle trimlines are covered by most insurance companies.

1 Determine bracing solution
With your clinical team, use our Fast Fit Guide to Bracing Selection to determine the right amount of support for your patient.

You'll find our order forms online that you can fax or email back to us: cascadedafo.com/orderforms

2 Order Practitioners
Use Order Forms
Thank you for your order forms online that you can fax or email back to us: cascadedafo.com/orderforms

You can also call our Customer Service team 800.848.7332

cascadedafo.com

cascadeshop.com

A great solution for Early Intervention
Early intervention is the key step in improving future mobility by creating a more appropriate pattern of movement.

Fast Fit orthoses provide a continuous progression of minimal to moderate levels of support. They work well in conjunction with physical therapy.

Want more information?
Visit us online!

cascadedafo.com

Check out our website for:
- Sizing
- Fit & wear
- Videos
- Sock & shoes
- Education

Parents
Talk with your Practitioner
Along with ordering, they can also help with patient assessment, brace planning, fit evaluation, and adjustments.

Order Options
To order Fast Fit orthoses, call us or visit our website to purchase shoe inserts, accessories, and socks:

cascadedafo.com

cascadeshop.com

Example of typical Fast Fit candidates
Examples of typical Fast Fit candidates

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