

The DAFO 3 Softy has a soft foam liner that surrounds the foot to provide comfortable control of position. It combines full wraparound foot control with a solid proximal posterior upright that blocks ankle plantarflexion and allows free dorsiflexion. Blocking ankle plantarflexion is an effective strategy for discouraging toe walking and/or knee hyperextension, provided the patient has sufficient dorsiflexion range and strength to maintain a good functional position. The DAFO 3 is designed for younger/smaller patients, generally under age 9.



Key Features

Custom-fabricated from a cast

Softy Liner

made of foam provides more comfortable control of feet that are difficult to align or have sensitive bony prominences

Proximal posterior

blocks plantarflexion, allows free dorsiflexion, and provides additional medial/lateral stability

Full wraparound shell

for flexible control of foot position and alignment

Defined plantar surface contours

Other liner materials are available

including Polyethylene, Co-poly, and OP Flex

Designed for patients who:

- Are younger/smaller (generally under age 9).
- Have excess plantarflexion, very little voluntary control of the ankle, and exhibit consistent toe walking.
- Have excessive pronation or supination.
- Require a proximal upright to control consistent hyperextension of the knee.
- Have difficult-to-correct feet and/or sensitive bony prominences.
- Would benefit from a two-step donning routine: liner is used to control foot position before easing into outer frame.

This lighter weight brace should NOT be used to control excess dorsiflexion in a crouching patient.