

DAFO[®] 3

PF block, DF free



The DAFO 3 combines full wraparound foot control with a solid proximal posterior upright that blocks ankle plantarflexion and allows free dorsiflexion. Blocking ankle plantarflexion is an effective strategy for discouraging toe walking and/or knee hyperextension, provided the patient has sufficient dorsiflexion range and strength to maintain a good functional position. The DAFO 3 is designed for younger/smaller patients, generally under age 9.



Key Features

Custom-fabricated from a cast

Fully integrated padding

Proximal posterior

blocks plantarflexion, allows free dorsiflexion, and provides additional medial/lateral stability

Full wraparound shell

for flexible control of foot position and alignment

Defined plantar surface contours

Designed for patients who:

- Are young emergent walkers.
- Have excess plantarflexion, very little voluntary control of the ankle, and exhibit consistent toe walking.
- Have excessive pronation or supination.
- Require a proximal upright to control consistent hyperextension of the knee.

This lighter weight brace should NOT be used to control excess dorsiflexion in a crouching patient.