

# DAFO<sup>®</sup> 3.5 *softy*

PF resist, DF resist, Softy liner



The DAFO 3.5 Softy uses a foam liner to provide more comfortable control of a fixed, less correctable foot. The full wraparound design and flexible posterior upright provide excellent hindfoot and forefoot control. The posterior upright resists excessive plantarflexion but allows some plantarflexion to take place at heel-strike and push-off. This brace can allow free or limited dorsiflexion, and offers excellent medial and lateral stability in both swing and stance phases. The flexibility of the posterior "spring" can vary from soft, to medium, to firm at the time of fabrication.



## Key Features

### Custom-fabricated from a cast or scan

#### Strap variations

include elastic or solid hook-and-loop style fastener

#### Proximal posterior

provides "leaf-spring" like resistance to ankle plantarflexion and dorsiflexion

#### Strut variations

include very flexible, moderately flexible, and semi-rigid

#### Softy Liner

made of foam provides more comfortable control of feet that are difficult to align or have sensitive bony prominences

#### Full wraparound shell

for flexible control of foot position and alignment

#### Defined plantar surface contours

#### Other liner materials are available

including Polyethylene, Co-poly, and OP Flex

## Designed for patients who:

- Have excessive pronation or supination.
- Have excessive plantarflexion or dorsiflexion.
- Have knee hyperextension.
- Have some voluntary control that is very useful and can use that control to increase overall function.
- Need more medial/lateral stability than possible in the DAFO 4 or DAFO 3.
- Need assistance in managing knee position in flexion and/or extension.
- Need a resting splint.