

DAFO[®] 3.5

PF resist, DF resist



The DAFO 3.5 combines a full wraparound design with a flexible posterior upright, giving excellent hindfoot and forefoot control. The posterior upright resists excessive plantarflexion but allows some plantarflexion to take place at heel-strike and push-off. This brace can allow free or limited dorsiflexion, and offers excellent medial and lateral stability in both swing and stance phases. The flexibility of the posterior "spring" can vary from soft, to medium, to firm at the time of fabrication.



Key Features

Custom-fabricated from a cast

Fully integrated padding

Strap variations

include elastic or sold Velcro

Proximal posterior

provides "leaf-spring" like resistance to ankle plantarflexion and dorsiflexion

Strut variations

include very flexible, moderately flexible, and semi-rigid

Full wraparound shell

for flexible control of foot position and alignment

Defined plantar surface contours

Designed for patients who:

- Have excessive pronation or supination.
- Have excessive plantarflexion or dorsiflexion.
- Have knee hyperextension.
- Have some voluntary control that is very useful and can use that control to increase overall function.
- Need more medial/lateral stability than possible in the DAFO 4 or DAFO 3.
- Need assistance in managing knee position in flexion and/or extension.
- Need a resting splint.